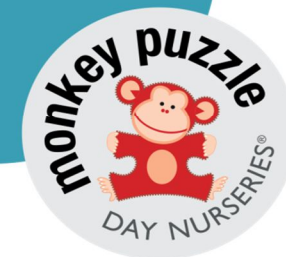


Orpington Spring/Summer Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal, Toast & Yoghurt	Cereal, Toast & Yoghurt	Cereal, Toast & Yoghurt	Cereal, Toast & Yoghurt	Cereal, Toast & Yoghurt
AM Snack	Fruit & Pastry	Fruit & Pastry	Fruit & Pastry	Fruit & Pastry	Fruit & Pastry
Lunch	Mince beef, cheese & tomato pasta bake	Chicken, veg & new potatoes	Chicken & sweet potato curry with brown rice	Spaghetti bolognaise	Vegetarian fajitas
Vegetarian	As above	Quorn pieces, veg & new potatoes	Quorn & sweet potato curry with brown rice	Quorn spaghetti bolognaise	As above
Pudding	Fruit	Fruit	Fruit	Fruit	Fruit
Tea	Selection of freshly made sandwiches	Cheese & tomato swirls	Tuna, cheese & ham wraps	Dips & sticks	Beans on toast
Vegetarian	As above	As above	As above	As above	As above
Pudding	Fruit	Fruit	Fruit	Fruit	Fruit

Please speak to a member of staff if you require any allergen information in line with our menus.

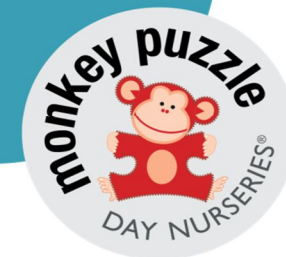


Orpington Spring/Summer Menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal, Toast & Yoghurt	Cereal, Toast & Yoghurt	Cereal, Toast & Yoghurt	Cereal, Toast & Yoghurt	Cereal, Toast & Yoghurt
AM Snack	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch	Pesto pasta with mixed veg	Mince chilli with rice	Chicken korma with rice & naan bread	Sausage Platt, baked beans & wedges	Fish fingers, peas & cubed potatoes
Vegetarian	As Above	Quorn mince chilli with rice	Quorn pieces with rice & naan bread	Quorn sausage Platt, baked beans & wedges	Veggie fingers, peas & cubed potatoes
Pudding	Fruit	Fruit	Fruit	Fruit	Fruit
Tea	Ploughman's tea	Bagels with ham & cheese	Wholemeal pitta pizzas	Cheese & crackers with crudites	Veggie pastry twists
Vegetarian	As Above	Bagels with cheese	As Above	As Above	As Above
Pudding	Fruit	Fruit	Fruit	Fruit	Fruit

Please speak to a member of staff if you require any allergen information in line with our menus.



Orpington Spring/Summer Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal, Toast & Yoghurt	Cereal, Toast & Yoghurt	Cereal, Toast & Yoghurt	Cereal, Toast & Yoghurt	Cereal, Toast & Yoghurt
AM Snack	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch	Fresh vegetable curry with rice	Jerk chicken, rice & peas	Sunday roast with all the trimmings	Turkey mince enchiladas	Grilled fish, oven chips & vegetables
Vegetarian	As Above	Quorn jerk chicken, rice & peas	Veggie Sunday roast with all the trimmings	Quorn mince enchiladas	As Above
Pudding	Fruit	Fruit	Fruit	Fruit	Fruit
Tea	Turkey stuffing parcels	Spaghetti hoops on toast	Sticks & dips	Hot dogs & veggie sticks	Selection of freshly made sandwiches
Vegetarian	Veggie stuffing parcels	As Above	As Above	As Above	As Above
Pudding	Fruit	Fruit	Fruit	Fruit	Fruit

Please speak to a member of staff if you require any allergen information in line with our menus.